

WORKBOOK 2.1: ADULT LEARNING PRINCIPLES ACTIVITY

Purpose:	The purpose of this activity is to describe adult learning principles
Duration:	45 minutes (15-preparation; 30-presentations and debrief)
Group composition:	Small Groups
Debrief:	Large-Group Discussion
Equipment:	Chart paper

Directions:

1. Review the adult learning principles presented.
2. Working within your teams:
 - a. Discuss the learning principle you have been assigned or selected:
 - ☐ Motivation and readiness to learn
 - ☐ Previous learning
 - ☐ Active learning
 - b. Develop a brief presentation no more than three minutes in length. Your team presentation should answer the following questions:
 - What learning principle is the team presenting?
 - Why is this learning principle important?
 - How could this learning principle be used in training?Note: Tell a story or demonstrate the use of this principle.
3. Be ready in fifteen minutes to make your presentation.

Advice:

- Be creative! You may use chart paper or objects in the room. You may NOT use PowerPoint presentations.
- Involve as many team members in the presentation as possible.
- Demonstrate the adult learning principles in your presentation.
- Limit your presentation to three minutes.

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